TEAR SOUP- a recipe for healing after loss

By Pat Schwiebert & Chuck DeKlyen
Illustrated by Taylor Bills

One of the most unique aspects of Tear Soup is that it speaks to every generation while demonstrating the universality of grief. If you haven’t experienced deep grief, Tear Soup will help you begin to more fully understand the issues that grief presents. If you are bereaved, you will feel understood. The “tips” section in the back of the book is rich with wisdom and concrete recommendations.

56 pages of beautiful, illustrations.

Also available in Spanish, Softbound for $14.95 each

TEAR SOUP DVD

By Pat Schwiebert & Chuck DeKlyen
Illustrated by Taylor Bills,
Narrated by Mary McDonald-Lewis

The poignant story and engaging illustrations that have made Tear Soup a treasured book for people of all ages are given new life in this video version. Created from the publications original illustrations, this helpful production will benefit families, professionals, educators and support groups with its insights and comfort. Included with the video is a viewers guide with grief tips, which can assist in viewing of the video and starting some discussions amongst the viewers. 17 minutes long.

also available in VHS format for $12.50 each

TEAR SOUP TIPS

By Pat Schwiebert & Chuck DeKlyen
Illustrated by Taylor Bills

The Tear Soup Cooking Tips are now available in a small easy to read booklet. These Tips booklets are perfect for educators and support groups to provide for families in need.

Also Available

Tear Soup PowerPoint
A slide show to read along to. Great for presentations at workshops! $29.95

Tear Soup Cards
Colorful cards that feature the illustrations from Tear Soup. $9.50
When Hello Means Goodbye
A guide for parents whose child dies before birth or shortly after birth
By Pat Schwiebert, RN and Paul Kirk, MD

When Hello Means Goodbye is a help to families during the early days of their grief. This sensitive booklet helps answer questions and prepare parents for the days ahead. It can be given to parents at the first acknowledgment of their baby’s death to help them best use the short time they’ll have with their little one. Among topics covered are: collecting keepsakes; ways to celebrate the birth and death of a baby; reasons for seeing, holding and naming a dead baby; emotions common to bereaved parents; information about autopsies; where to find help; and the unique situation of fathers, siblings, and grandparents. Also contains beautiful poetry. Newly Revised and Reprinted June 2012.

Too Soon A Memory
A booklet especially for parents experiencing an early pregnancy loss
By Pat Schwiebert, RN

Written in the style of When Hello Means Goodbye, this sensitive booklet gives practical information for the couple facing grief following a miscarriage. This booklet will validate those who will be deeply affected by the loss, as well as those who will move quickly through their grief. Helpful medical information and grieving tips are included. Newly Revised and Reprinted November 2011.

Strong and Tender, Una Memoria Demasiado Temprana

# of copies Price ea.
1 - 9 $ 3.50
10 - 24 $ 3.20
25 - 49 $ 3.05
50 - 99 $ 2.75

Strong and Tender
A book especially for fathers
By Pat Schwiebert, RN

A collection of insights, helpful hints and tender thoughts to give the father strength during the dark times of grief following his baby’s death. For too long fathers have been the forgotten griever. By giving him this special book you tell him you also recognize his loss. Newly Revised and Reprinted March 2012.

A Grandparent’s Sorrow
Grandparents suffer a double loss
By Pat Schwiebert, RN

Your child is grieving and so are you. Included in this booklet are suggestions on how grandparents can help themselves as they grieve, how to better understand their child during this difficult time, and how to hold close the precious memory of their grandchild. Newly Revised and Reprinted March 2012.

Still to be Born
A guide for bereaved parents who are making decisions about their future
By Pat Schwiebert, RN and Paul Kirk, MD

Still to be Born begins where When Hello Means Goodbye ends. The couple is still grieving, still longing for a baby, but afraid of being hurt again by another loss. Among the many topics covered in this 120 page book are: Why mourn the loss of someone you never knew? How soon should you attempt another pregnancy? What kind of feelings do most women have during another pregnancy? How will older siblings respond to another pregnancy? What are the chances of the same thing happening again? What tests will help assess and promote fetal well-being?

For more about the titles and resources we offer, please visit our website at www.griefwatch.com
When a parent is diagnosed with cancer, the illness and treatment can be stressful for the whole family. Parents almost always express the concern for the well-being of their children. 

* **A Tiny Boat at Sea**
  
  How to help children who have had a parent diagnosed with cancer
  
  By Izetta Smith, M.A.
  
  When a parent is diagnosed with cancer, the illness and treatment can be stressful for the whole family. Parents almost always express the concern for the well-being of their children. *A Tiny Boat at Sea* is most helpful for parents who are reflecting in their quite moments. This booklet is easy to use and touches on all the important points on how to support children without burying the information in pages of explanation.

  *Buy in Bulk and Save!*

  **THE SECRET OF THE DRAGONFLY**
  
  By Gayle Shaw Cramer
  Illustrated by Jan Jones
  
  A grandmother finds a beautiful, yet simple way to explain what will happen when she dies to her worried grandchild. By following the journey of a water bug as it fulfills its calling to become a dragonfly, the grandmother creates an enduring memory that the grandchild, along with all who read this book, will carry with them throughout their life. The final four words of the book, “The End never comes,” serve as a final reminder of the message that death is not an end, just a transition.

  **THE RAINBOW BUTTERFLY**
  
  A bright spot of color
  
  The saying, “What the caterpillar calls the end of life, the Master calls the butterfly,” is inscribed in purple ink above the Rainbow Butterfly. Presented on white cardstock and in a 8” x 10” matte ready for framing, it is perfect to give as a thank you gift to volunteers and speakers.

  *Choice of matte color: Maroon, Blue, Green, Orange, Red or Cream*

  **SUPPORT CARDS**
  
  Created for support groups, these cards are equally useful to counselors and bereaved individuals. Each card asks the user to reflect and share what they are feeling about a particular issue. Available styles are: GRIEF (for those who are grieving) or CRISIS (for those in crisis). 100 questions per pack.

  *Some examples include: “How did I view the world before my loss and how do I view it now?” “What am I learning about myself as I grieve?” and “Is there anything that I would like to forgive myself for?”*
THE REMEMBERING HEART

A special gift for the bereaved

Two beautiful hand-crafted ceramic hearts-in-one. When separated, the tiny inner heart can be placed with the loved one as a reminder of their unbroken connection to those left behind. The remaining heart is kept by the bereaved. The remembering heart can be worn as a necklace by the bereaved, acknowledging their grief.

The Remembering Heart

<table>
<thead>
<tr>
<th># of hearts</th>
<th>Price ea.</th>
<th>Disc.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 - 5</td>
<td>$ 8.50</td>
<td></td>
</tr>
<tr>
<td>6 - 14</td>
<td>$ 5.95</td>
<td>30%</td>
</tr>
<tr>
<td>15 - 24</td>
<td>$ 5.50</td>
<td>36%</td>
</tr>
<tr>
<td>25 - 49</td>
<td>$ 5.35</td>
<td>38%</td>
</tr>
<tr>
<td>50 - 99</td>
<td>$ 5.00</td>
<td>42%</td>
</tr>
<tr>
<td>100 +</td>
<td>$ 4.85</td>
<td>43%</td>
</tr>
</tbody>
</table>

Get each heart in a small jewelry box for just $.50 more per heart.

FEELING HEARTS

For support groups

Pass this bag around the group. Have each person take one, and from the texture and color of the heart, invite them to describe their grief. Contains 20 different ceramic hearts. Feeling Hearts help us talk about our feelings, rather than facts. Also available as single ceramic hearts.

<table>
<thead>
<tr>
<th># of bags</th>
<th>Price Ea.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 - 4</td>
<td>$ 17.50</td>
</tr>
<tr>
<td>5 +</td>
<td>$ 15.00</td>
</tr>
</tbody>
</table>

HOLE IN MY HEART

Simple colored ceramic heart with a hole in it. Can be used by support groups or individuals who want to show that they are not “complete” and someone or something is missing in their life.

<table>
<thead>
<tr>
<th># of hearts</th>
<th>Price Ea.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 - 49</td>
<td>$ 1.50</td>
</tr>
<tr>
<td>50 - 99</td>
<td>$ 1.35</td>
</tr>
<tr>
<td>100 - 199</td>
<td>$ 1.25</td>
</tr>
<tr>
<td>200 +</td>
<td>$ 1.00</td>
</tr>
</tbody>
</table>

THE LOVE STONE

The perfect worry stone

When someone you know is all alone or is awaiting the outcome...give them something to hold onto to remind them that they are not alone. It is perfect for friends in need, to give guests at a memorial gathering, and to give as “thank you's” and welcoming gifts.

<table>
<thead>
<tr>
<th># of hearts</th>
<th>Price Ea.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 - 49</td>
<td>$ 1.00</td>
</tr>
<tr>
<td>50 - 99</td>
<td>$ 0.85</td>
</tr>
</tbody>
</table>

HEART PRINTS

Add a lapel pin for just $.25 more per heart.

<table>
<thead>
<tr>
<th># of hearts</th>
<th>Price Ea.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 - 24</td>
<td>$ 1.50</td>
</tr>
<tr>
<td>25 - 49</td>
<td>$ 1.35</td>
</tr>
<tr>
<td>50 - 99</td>
<td>$ 1.25</td>
</tr>
<tr>
<td>100 +</td>
<td>$ 1.00</td>
</tr>
</tbody>
</table>

About Grief Watch

Grief Watch is a non-profit organization that provides bereavement resources to those who are grieving and those who walk them through their grief. We were first known as Perinatal Loss, but we changed our name to Grief Watch in 1990 as we expanded to include all types of loss. For more information about us please visit our website.

Contact Us

Grief Watch
2116 NE 18th Ave
Portland, OR 97212
Phone: (503) 284-7426
Website: griefwatch.com
Email: order@griefwatch.com

For more about the titles and resources we offer, please visit our website at www.griefwatch.com
## Ship to:
- Residence
- Business

**Name:**

**Address:**

**City:**  State:  Zip:

**Phone:**

**Email:**

## Billing to (if different):

**Name:**

**Address:**

**City:**  State:  Zip:

**Phone:**

**Email:**

## Payment Information:

Circle One:
- VISA
- MasterCard
- Check Enclosed

**Purchase Order #**

**Exp. Date:**  **Security Code:**

**Name On Card:**

## ORDER FORM

<table>
<thead>
<tr>
<th>ITEM / TITLE</th>
<th>COLOR / DESC.</th>
<th>QTY.</th>
<th>PRICE EA.</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## SHIPPING COST

<table>
<thead>
<tr>
<th>$ amount of order</th>
<th>Shipping charge</th>
</tr>
</thead>
<tbody>
<tr>
<td>$1 - 10............</td>
<td>$ 4.75</td>
</tr>
<tr>
<td>10.01 - 20.........</td>
<td>5.50</td>
</tr>
<tr>
<td>20.01 - 30.........</td>
<td>6.75</td>
</tr>
<tr>
<td>30.01 - 40.........</td>
<td>8.00</td>
</tr>
<tr>
<td>40.01 - 60..........</td>
<td>9.25</td>
</tr>
<tr>
<td>60.01 - 80..........</td>
<td>10.50</td>
</tr>
<tr>
<td>80.01 - 100.........</td>
<td>11.50</td>
</tr>
<tr>
<td>100.01 - 125........</td>
<td>12.00</td>
</tr>
<tr>
<td>125.01 - 150........</td>
<td>12.50</td>
</tr>
<tr>
<td>150.01 - 175........</td>
<td>13.25</td>
</tr>
<tr>
<td>175.01 - 200........</td>
<td>14.50</td>
</tr>
<tr>
<td>200.01 - 250........</td>
<td>15.00</td>
</tr>
</tbody>
</table>

## ORDERING INFORMATION

### Individuals:
Prepayment is required.

### Organizations:
Purchase Orders accepted. Terms are Net 30 unless otherwise arranged with Grief Watch.

### Canadian/International:
Please contact our office for a shipping total.

## CONTACT INFORMATION

**Website:** www.griefwatch.com  
**Email:** order@griefwatch.com  
**Ph:** 503-284-7426 • **Fax:** 503-282-8985  
**Mailing Address:**  
2116 NE 18th Ave  
Portland, OR 97212